

Sands Bereavement Care Training for Interpreters

One day interactive workshop for up to 20 participants

Aim and Learning Outcomes

Aim

To enable interpreters to develop the knowledge, insight and skills to facilitate effective and sensitive communication between health professionals and parents who experience the death of a baby, before, during or shortly after birth.

Learning Outcomes

At the end of this session participants will be able to:

- Identify the unique impact of grief on bereaved parents in relation to pregnancy loss and the death of a baby.
- Identify and develop the skills and confidence needed to:
 - Interpret the delivery of bad news with sensitivity and clarity.
 - Facilitate effective and empathic communication with bereaved parents.
- Understand why and how health professionals enable bereaved parents to make informed choices about:
 - The memories they create with their baby
 - What happens to their baby's body
- Identify the important factors to be aware of when interpreting for parents in subsequent pregnancies and births.
- Recognise the importance of good self-care when working with bereaved parents.

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Duration: One Day (9.30-16.30) - Morning Session

Time	Content
9.30-9.40 (10 minutes)	Introduction and outline of the day
9.40-9.45 (5 minutes)	Setting the day in context for Interpreters
9.45-10.05 (20 minutes)	Group introductions and hopes for the day
10.05-10.25 (20 minutes)	Childbearing loss and grief
10.25-10.55 (30 minutes)	A parent's personal experience of loss
10.55-11.15 (20 minutes)	Coffee
11.15-11.55 (40 minutes)	The wider impact of a baby's death
11.55-12.20 (25 minutes)	The Deafening Silence Film (Part One)
12.20–13.00 (40 minutes)	Interpreting the delivery of bad news with sensitivity and clarity
13.00-13.45 (45 minutes)	Lunch

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Duration: One Day (9.30-16.30) - Afternoon Session

Time	Content
13.45-14.05 (20 minutes)	Facilitating effective and empathic communication
14.05-14.25 (20 minutes)	The Deafening Silence Film (Part Two)
14.25-14.45 (20 minutes)	The decisions parent's face when their baby dies
14.45-15.15 (30 minutes)	Grief and culture
15.15 - 15.30 (15 minutes)	Tea
15.30-15.35 (5 minutes)	Interpreting in subsequent pregnancies and births
15.35-16.05 (30 minutes)	The importance of good self-care for Interpreters
16.05-16.25 (20 minutes)	Key learning points and review of the day
16.25-16.30 (5 minutes)	Close of the day and evaluation
16.30	Close