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## Suggested social media posts for Groups

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### Twitter

- Sands is 40 this year and we are honouring the achievements of everyone who has worked with us to support bereaved parents, improve bereavement care and reduce the baby death rate in the UK

[#Sands40](#) [#40yearsofsupport](#) [#TeamSands](#) [#Babyloss](#) [#voiceofbereavedfamilies](#)

- This year [@SandsUK](#) turns 40 and we would like to say THANK YOU to all volunteers and befrienders past and present and acknowledge the impact on the lives of many bereaved parents and families [#40yearsofsupport](#)

[#Sands40](#) [#TeamSands](#) [#Babyloss](#) [#voiceofbereavedfamilies](#)

- Sands is marking its [#40thanniversary](#) this year and we are so proud to be one of its many volunteer groups across the UK offering invaluable support to bereaved parents

[#Sands40](#) [#40yearsofsupport](#) [#TeamSands](#) [#Babyloss](#) [#stillbirth](#) [#voiceofbereavedfamilies](#)

- Sands was founded 40 years ago by bereaved parents for bereaved parents. We are still here to support anyone affected by the death of the baby.

[#Sands40](#) [#40yearsofsupport](#) [#TeamSands](#) [#Babyloss](#) [#stillbirth](#) [#voiceofbereavedfamilies](#)

- [#Sands40](#) is our opportunity to get together and acknowledge how far we've come and what needs to be done to reduce the number of babies dying even further

[#TeamSands](#) [#Babyloss](#) [#1978to2018](#) [#voiceofbereavedfamilies](#)

### Facebook

- Sands was founded 40 years ago by bereaved parents for bereaved parents. Today we are one of many volunteer groups across the UK who offer invaluable support to anyone affected by the death of the baby.

We would like to say THANK YOU to all volunteers and befrienders past and present and acknowledge the impact on the lives of many bereaved parents and families.

[#Sands40](#) [#40yearsofsupport](#) [#TeamSands](#) [#Babyloss](#) [#1978to2018](#) [#voiceofbereavedfamilies](#)