



# Bereavement care training for professionals (in-house)

## One-day workshops

Our one-day workshops have been awarded professional accreditation by the Royal College of Midwives and are based on best practice and current research. They are highly interactive and skills-based, enabling professionals to develop their confidence in providing high quality, sensitive care to parents who experience the death of a baby.

*'I would thoroughly recommend the day for midwives and other professionals involved in maternity and neonatal care. The training has a clear aim and appropriate, achievable learning outcomes. I feel that the content and approach of the day will be of great value for maternity care professionals in all four countries of the UK in improving the care that we provide to parents when they are bereaved.'* Dr Mary Ross-Davie, Consultant Midwife and Education Projects Manager (Midwifery and Reproductive Health) for NHS Education for Scotland

We offer five one-day bereavement care training workshops, all based on best practice and current research, and include a parent experience via a guest speaker:

- Pregnancy loss and the death of a baby: **Sands training for midwives**
- Pregnancy loss and the death of a baby: **Sands training for student midwives**
- Pregnancy loss and the death of a baby: **Sands training for multidisciplinary groups\***
- Pregnancy loss and the death of a baby: **Sands training for doulas\*\***
- Pregnancy loss and the death of a baby: **Sands training for health visitors**

\*Suitable for all professionals who care for parents during or soon after the death of a baby, including midwives, obstetricians, neonatal and gynaecology ward staff.

\*\*Not RCM accredited

Each workshop is run in-house by a skilled facilitator who uses film, audio clips, presentation, discussion, reflection and group exercises to enable participants to develop the knowledge, insight and skills to provide high quality, sensitive care to parents whose baby dies, either before, during or shortly after birth.

*'This course would be very beneficial to staff working in all areas of maternity to give them the confidence to work with bereaved families. It contains relevant up-to-date information and also allows time for discussion and personal experience. Sands provides a safe, supportive environment to allow all these areas to be explored.'* Jane Laking, Bereavement Support Midwife, Whittington Hospital, London



## Information and prices 2017 – 2018

**Capacity** Maximum 20 participants

**Timing** 0930 – 1630 (6 Contact hours)

### **Aim of the one-day workshops**

To enable health professionals to develop the knowledge, insight and skills to provide high quality, sensitive care to parents who experience the death of a baby, before, during or shortly after birth.

### **Learning outcomes**

At the end of this session participants will be able to:

- Identify the unique impact of grief in relation to pregnancy loss and the death of a baby for parents and their families.
- Identify, develop and use techniques to deliver bad news and communicate sensitively and effectively with bereaved parents.
- Enable bereaved parents to make informed choices about the memories they create with their baby and what happens to their baby's body.
- Recognise the impact of pregnancy loss and the death of a baby on health professionals and be able to access available support.
- Recognise the importance of on-going support for bereaved parents and the potential impact of their loss on all subsequent pregnancies.

### **Workshop cost**

£840\*. Only £42 per person (based on 20 participants).

It includes:

- A reflective workbook for each participant which includes information on bereavement care for the individual professional as well as practical information for the maternity unit.
- A set of our publications (both for professionals and for parents and their families) that will be displayed in the workshop and then be given to the hospital, university or organisation.
- Trainers' fee, expenses and all administrative costs.

\*Please contact us to discuss if cost is prohibitive as we may be able to find a solution to meet your needs.

### **What you need to provide**

A large room (not a lecture theatre) with PowerPoint facilities and capacity for a big semi-circle of 20 easily-movable chairs; a projector, screen, flipchart with paper/pens and refreshments.

### **How to book**

To make a booking or for more information contact: [training.professionals@uk-sands.org](mailto:training.professionals@uk-sands.org)