



Bereavement care training for professionals (in-house)

Half-day courses (3 ½ hours)

Our bereavement care training has been awarded professional accreditation by the Royal College of Midwives and is based on best practice and current research. Our 3 ½ hour courses enable professionals to understand and identify the essential elements of high quality care required by parents who experience the death of baby.

'I would thoroughly recommend Sands bereavement care training for midwives and other professionals involved in maternity and neonatal care. The training has a clear aim and appropriate, achievable learning outcomes. The course uses a wide variety of approaches to ensure that the day is lively and interactive, including film and group work' Dr Mary Ross-Davie, Consultant Midwife and Education Projects Manager (Midwifery and Reproductive Health) for NHS Education for Scotland

Pregnancy loss and the death of a baby: Sands half-day course for professionals

We offer 3 versions:

- Half-day for multidisciplinary groups: for up to 20 participants
- Half-day for multidisciplinary groups: for up to 50 participants
- Half-day course for counsellors: for up to 20 participants

The first two versions are suitable for all professionals who provide care for parents who experience the death of a baby, including midwives, obstetricians, neonatal and gynaecology ward staff.

Each course is run in-house by a skilled facilitator who uses film, presentation, discussion and group exercises, and includes a parent experience via a guest speaker.

'This course would be very beneficial to staff working in all areas of maternity to give them the confidence to work with bereaved families. It contains relevant up-to-date information and also allows time for discussion and personal experience. Sands provides a safe, supportive environment to allow all these areas to be explored.' Jane Laking, Bereavement Support Midwife, Whittington Hospital, London



Information and prices 2017 - 2018

Aim of the half-day courses

To enable participants to gain the essential knowledge and insight to provide good, sensitive care to parents who experience the death of a baby, before, during or shortly after birth.

Learning Outcomes

At the end of this session participants will be able to:

- Identify the unique impact of grief in relation to pregnancy loss and the death of a baby for parents and their families.
- Understand the key elements of communicating sensitively and effectively with bereaved parents.
- Recognise the importance of on-going support for bereaved parents and the potential impact of their loss on all subsequent pregnancies.

Course cost

The cost of each version of the course is £600*.

It includes:

- Hand-outs for each participant which includes information on bereavement care for the individual professional as well as practical information for the maternity unit.
- A set of our publications (both for professionals and for parents and their families) that will be displayed in the workshop and then be given to the hospital, university or organisation.
- Trainers' fee, expenses and all administrative costs.

*Please contact us to discuss if cost is prohibitive as we may be able to find a solution to meet your needs.

What you need to provide

Half-day courses for up to 20 participants:

A large room (not a lecture theatre) with PowerPoint facilities that has capacity for a big semi-circle of up to 20 easily-movable chairs. A projector, screen, flipchart with paper/pens and refreshments.

Half-day course for up to 50 participants:

A room or lecture theatre with PowerPoint facilities. A projector, screen, flipchart with paper/pens and refreshments.

How to book

To make a booking or for more information contact: training.professionals@uk-sands.org